Mission

The Department of Wellness and Recreational Sports will meet the needs of a diverse university community by providing quality programs, services and facilities which encourage the lifelong pursuit of active healthy lifestyles.

Vision

We are committed to positively engaging every member of the university community and supporting academic productivity by promoting active healthy lifestyles through dynamic programs that provide holistic personal growth, thereby playing a vital role in the recruitment, retention, and education of students and personnel.

We will achieve our vision through commitment to the following core values:

Integrity
We value uncompromising adherence to the moral and ethical principles of honesty, fairness, respect, trust and truth.

Quality
We strive to maintain the highest standards of quality by continually advancing our expectations regarding the delivery of services, diversity of programs, utilization of resources, and stewardship of facilities.

Service
We pursue excellence in service by anticipating our customers' needs and committing our time and talent toward participant satisfaction, empowering each other to find creative solutions that instill customer loyalty.

Leadership
We will be leaders in the recreational sports profession by embracing innovation and creativity, implementing new ideas, and collaborating with our peers. We will develop student leaders through role modeling, teaching, and providing challenging professional growth opportunities.

Community
We believe in the synergistic benefits of working together; partnering with students, campus entities, and the surrounding community to promote and provide healthy lifestyle opportunities. We will strive to be a source of pride for our community by advocating opportunities that promote a sense of belonging, self esteem, camaraderie, and lifelong connections.